

Garfield School ~ November/December ~ 2023

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
November 27 Cereal	November 28 Whole Grain Muffin	November 29 Pancakes	November 30 Potatoes & Eggs	December 1 Egg Muffins
4 Cereal	5 Whole Grain Muffin	6 French Toast	7 Breakfast Burritos	8 Bagels & Eggs
11 Cereal	12 Whole Grain Muffins	13 Pancakes	14 Potatoes & Eggs	15 Egg Muffins
18 Cereal	19 Whole Grain Muffins	20 French Toast	21 Breakfast Burritos	22 NO SCHOOL
25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK

Milk and Fruit are included with each breakfast Yogurt or Multi-grain bar alternatives daily No cost meals provided
*Vegetarian Option for all meals

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
November 27 Pizza	November 28 Chicken Parmesan Sandwiches	November 29 Tacos	November 30 Turkey Soup	December 1 Spaghetti
4 Pizza	5 Shepherd's Pie	6 Enchiladas	7 Lasagna Soup	8 Chicken Alfredo
11 Pizza	12 Baked Potato Bar	13 Quesadillas	14 Beef Stew	15 Ziti
18 Pizza	19 Chicken Curry	20 Burritos	21 Stuffed Baked Potato Soup	22 NO SCHOOL
25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK

Milk served with each meal * Vegetarian option for all meals No cost meals provided
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