

GARFIELD SCHOOL MENU

April - 2026
No Cost/Free Meals

BREAKFAST

6 Cereal w/toppings Fruit, nuts, seeds and yogurt	7 French Toast or Pancakes w/fruit sauce	8 Egg & Cheese Sandwich	9 Whole Grain Muffins	10 Potatoes and Eggs
13 SPRING BREAK NO SCHOOL	14 SPRING BREAK NO SCHOOL	15 SPRING BREAK NO SCHOOL	16 SPRING BREAK NO SCHOOL	17 SPRING BREAK NO SCHOOL
20 Cereal w/toppings Fruit, nuts, seeds & yogurt	21 French Toast or Pancakes w/fruit sauce	22 Egg & Cheese Sandwich	23 Whole Grain Muffins	24 Potatoes and Eggs
27 Cereal w/toppings Fruit, nuts, seeds & yogurt	28 French Toast or Pancakes w/fruit sauce	29 Egg & Cheese Sandwich	30 Whole Grain Muffins	May 1 Potatoes and Eggs

Fresh fruit, yogurt, and milk are offered daily . Milk substitute is available.
Cream cheese and nut/seed butters are available as well as egg substitutes .

LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
6 Pizza – Cheese, Pepperoni, Pesto and Ricotta Caesar Salad	7 Herbed Parmesan Pasta with Chicken Roasted Carrots	8 Barbecue Chicken Sandwiches Fries Salad	9 Cheese and Bean Enchiladas Coleslaw	10 Lemon Chicken Soup Fresh Bread Salad
13 SPRING BREAK NO SCHOOL	14 SPRING BREAK NO SCHOOL	15 SPRING BREAK NO SCHOOL	16 SPRING BREAK NO SCHOOL	17 SPRING BREAK NO SCHOOL
20 Pizza – Cheese, Pepperoni, Pesto ad Ricotta Caesar Salad	21 Macaroni and Cheese Butternut Squash	22 Fish and Chips Coleslaw	23 Ramen with Pork or Tofu Stir Fried Carrots	24 Chicken Soup Cheese Quesadillas Salad
27 Pizza – Cheese, Pepperoni, Pesto and Ricotta Caesar Salad	28 Pasta Primavera with Chicken Broccoli	29 Meatloaf and Mashed Potatoes Green Beans	30 Pork Verde Tacos Bok Choy	May 1 Tomato Soup Toasted Cheese Sandwiches Salad

Fruit, vegetables, and milk are offered daily. Every meal can be ordered vegetarian.
All meals can be prepared allergen free.