

GARFIELD SCHOOL MENU

May - 2025

BREAKFAST

April 28 Cereal Hot or Cold	29 Pancakes with Fruit Sauce	30 Egg/Cheese Sandwich	May 1 Whole Grain Muffins	2 Potatoes and Eggs
5 Cereal Hot or Cold	6 French Toast with Fruit Sauce	7 Egg/Cheese Sandwich	8 Whole Grain Muffins	9 Potatoes and Eggs
12 Cereal Hot or Cold	13 Pancakes with Fruit Sauce	14 Egg/Cheese Sandwich	15 Whole Grain Muffins	16 Potatoes and Eggs
19 Cereal Hot or Cold	20 French Toast with Fruit Sauce	21 Egg/Cheese Sandwich	22 Whole Grain Muffins	23 Potatoes and Eggs

Veggies/Fresh fruit, and milk are included w/ each breakfast Yogurt or boiled eggs alternative daily

*Plus options include cream cheese, peanut/sun butter, jelly

NO COST/FREE MEALS

*Every meal can be ordered vegetarian

LUNCH

Pizza	Pasta	Classic	Cultural May	Soup/Sandwich
April 28 Pizza –Cheese, Pepperoni, Sausage Caesar Salad	29 Lasagna with Garlic Bread	30 Chili Beef with Polenta	May 1 Chicken Parmesan over Pasta	2 Coconut Carrot w/Cornbread
5 Pizza –Cheese, Pepperoni, Sausage Caesar Salad	6 Ricotta Pasta Penne with Chicken	7 Baked Potato Bar	8 Turkey Tacos	9 Mexican Chicken w/ Quesadillas
12 Pizza –Cheese, Pepperoni, Sausage Caesar Salad	13 Spaghetti with Beef	14 Roast Turkey with Potatoes	15 Pad Thai	16 White Bean with Cheese Sandwiches
19 Pizza – Cheese, Pepperoni, Sausage Caesar Salad	20 Herb Pasta Parmesan with Chicken	21 Cheeseburger and Fries	22 Pork Verde	23 Curry Chicken Soup with Cornbread

Fresh fruit, vegetables, and milk offered daily

Every meal can be ordered vegetarian

All meals can be prepared allergen free

NO COST/FREE MEALS